Spring 2017 House of Delegates Meeting Outcomes
Future Practice
Wellness and Prevention Using Appreciative Inquiry

House of Delegates

Objectives:
1. Share current efforts underway by the Academy and its organizational units to identify and meet the needs of the Second Century workforce.
2. Create a vision of a Second Century workplace.
3. Generate ideas to close the gap between current and future practice.
4. Recognize skills and professional development needed for current and future practitioners.

After a rich dialogue the HOD approved the following Call to Action:
The House of Delegates challenges all existing and new credentialed nutrition and dietetics practitioners, in all areas of practice, to take action to elevate and expand their competencies in the following areas to achieve the desired vision of future practice.

- Critical Thinking Skills
- Risk Taking
- Education, Mentoring, and Training
- Writing Skills
- Self-Improvement
- Cultural Competence
- Communication Skills
- Leadership
- Teamwork
- Research
- Data Collection and Analysis
- Technology
- Health and Wellness
- Local and Global Systems
- Advocacy and Public Policy
- Marketing and Promotion
**Actions for Future Practice**
The **House of Delegates** should play an integral role in encouraging all credentialed nutrition and dietetics practitioners to advance skills and elevate practice to compete in the Second Century workforce.

- **The House Leadership Team**, in conjunction with **Academy committees and staff partners**, will compile a list of tools and resources available to support professional development in key areas noted above.
- **Delegates** will identify and share education and professional development opportunities to help members advance practice and keep pace.
- **Delegates** will work with their boards/executive committees to create an action plan identifying ways to incorporate change drivers and future practice areas into their plans of work.

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**“If the nutrition and dietetics profession is not moving forward, it is being left behind.”**

2013 Council on Future Practice
Visioning Report and Consensus Agreement for Moving Forward the Continuum of Dietetics Education, Credentialing, and Practice

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**All Credentialed Nutrition and Dietetics Practitioners** have a responsibility to develop strategies to create and achieve a future vision that will better meet the needs of clients, customers, society, and the profession by:

- Using the [Second Century Initiative](http://www.eatrightpro.org/resource/leadership/house-of-delegates/about-hod-meetings/spring-meeting-materials) and the Council on Future Practice’s [Visioning Report 2017: Preferred Path Forward for the Nutrition and Dietetics Profession](http://www.eatrightpro.org/resource/leadership/house-of-delegates/about-hod-meetings/spring-meeting-materials) to imagine and create the future of nutrition and dietetics.
- Expanding leadership skills, collaborative skills, and communication skills by utilizing current programs and by creating new educational opportunities through collaboration with Academy groups such as the Affiliates, Dietetic Practice Groups (DPGs) and Member Interest Groups (MIGs) and external stakeholders.
- Taking personal action to gain new skills, knowledge, and education as life-long learners.
- Being assertive and visionary leaders in the nutrition and dietetics profession.


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**Wellness and Prevention - April 23, 2017**

**Mega Issue Question:**

How can we as Academy members capitalize on our strengths to create a future where credentialed nutrition and dietetics practitioners play an integral role in Wellness and Prevention?

**Objectives:**

1. Describe the stages of the Appreciative Inquiry (AI) process.
2. Formulate a plan for an Open Space session or follow-up session with constituents.
3. Identify additional uses for the Appreciative Inquiry (AI) process.

Delegates continued discussions and identified future training needs to effectively use Appreciative Inquiry (AI) as one tool to solicit member input on issues affecting the profession.

Appreciative Inquiry encourages collaboration among practitioners as well as Academy organizational units *(e.g., Affiliates, DPGs, MIGs and more).*
Wellness and Prevention Activities Using Appreciative Inquiry (AI)

Fall 2016 HOD Meeting
AI Training
*Focused on the Discover and Dream Phases

Members submitted Wellness and Prevention "Best of" stories to their delegates

Some delegates hosted Open Space sessions

The Spring 2017 Meeting included additional training on next steps and other uses of AI
*Focused on the Design and Deploy Phases

Identification of Wellness and Prevention Pilot Projects

Open Space sessions and project ideas will be tracked by the HOD

Members play an integral role in identifying strategies and sharing experiences in Wellness and Prevention

ANTICIPATED OUTCOMES:
Ideas and initiatives that stem from pilot projects may lead to larger projects within the Academy to support and advance Wellness and Prevention activities
*This step takes time!

Academy Updates
The HOD received Academy Updates. The updates can be reviewed at www.eatrightpro.org/resources/leadership/house-of-delegates/about-hod-meetings >Spring 2017 Meeting Materials.
For more information, feel free to contact your delegate.