

CURRICULUM VITAE and REFERENCES

Mary Ann Hodorowicz, RD, LDN, MBA, CDE, CEC

**Registered, Licensed Dietitian, Certified Diabetes Educator, Certified Endocrinology Coder
Masters Degree in Business Administration**

12921 Sycamore • Palos Heights, IL 60463

P: 708.359.3864 • Fax: 866-869-6279 • www.maryannhodorowicz.com • hodorowicz@comcast.net

EDUCATION: Masters of Business Administration (Marketing Focus), Loyola University, Chicago, IL, 1984

American Dietetic Association Administrative Dietetic Internship, 1974

New York State Department of Mental Hygiene, Poughkeepsie, NY

Bachelor of Science, Nutrition, Dietetics and Food Service Management, 1973

University of Illinois, Champaign-Urbana, IL Maiden Name: Mary Ann Micetich

CURRENT EMPLOYMENT:

Nutrition, Diabetes Care and Education, Health Promotion and Insurance Reimbursement
Consultant, Speaker, Author and Spokesperson in:

- Diabetes Self-Management Education (DSME)
- Medical Nutrition Therapy (MNT)
- Health and Wellness Programs
- Patient Empowerment/Motivational Interviewing
- Medicare and Private Payer Reimbursement for DSME, MNT and Diabetes Services for Professionals
- Nutrition
- Diabetes Care and Prevention
- Weight Management
- Nutrition Care Process



Consultant in MNT and DSME Program Development

Operations, financial management, curriculum and forms, marketing, outcomes and quality management, clinical standards, staff training, Medicare and private payer reimbursement and obtaining DSME program recognition from the American Diabetes Association or the American Association of Diabetes Educators.

CONTRACTED CLIENTS:

- **Johnson and Johnson Diabetes Institute**, faculty, San Jose, CA, (train-the-trainer program), '08 to present
- **Emerson Healthcare Inc.**, consultant, DSME, MNT and diabetes services/supplies reimbursement, '09 to present
- **PresentDiabetes e-Learning Systems, Inc.**, '08 to present. On faculty for:
 - Developing and updating of Internet-based narrated lectures for diabetes professionals (Two PowerPoint™ presentations on Medicare reimbursement for diabetes self-management education and medical nutrition therapy for professional CME and CE accreditation.
 - Submitting and replying to blog entries on specialized topics on its website, especially reimbursement.
- **National Community Pharmacy Association and American Association of Diabetes Educators**, faculty, "Diabetes Accreditation Standards-Practical Applications" train-the-trainer program, '10 to present
- **American Association of Diabetes Educators**, author:
 - 9 hr online CE course *Diabetes Self-Management Program Management*, launch date is summer, '11
 - *"Navigating the Maze in Community-Based Pharmacy Programs: Overcoming the Obstacles to Reimbursement for DSME"*
- **Deerpath Physicans' Group**, Libertyville, IL, consultant, insurance billing, coding & reimbursement, '11
- **DiabetesInsight website**, audio online interview on *Shared Medical Appointments*, Feb., 2011

- **OptumHealth Education, Inc.**, (national provider of health and wellness information, tools and solutions for employers, health plans and public sector entities), consultant and speaker, 2010 to present
- **Balancing Life's Issues**, national provider of custom work/life balance training programs, '10 to present
- **Linda Roberts and Associates, Inc.**, consultant, Medicare MNT reimbursement, '10 to present
- **Preventure** (national provider of employee and consumer wellness programs), provider of on-site employee wellness program titled "Healthy Eating—Healthy You Nutrition Challenge", '08 to present
- **Health Maintenance Institute** (national provider of employee and consumer wellness programs), consultant for variety of on-site and off-site employee wellness programs, '08 to present
- **Crown, Cork and Seal Manufacturing, Inc.**, Alsip, IL, provider of employee wellness programs, '08
- **Nestle Healthcare Nutrition, Inc.**, speakers' bureau and consultant, DSME, MNT, '06 to present
- **Cooper University Health System**, NJ, consultant, DSME, MNT program development, '09 to present
- **Chicago Dept. of Health**, consultant on DSME, MNT program development, '09 to present
- **Complete Diabetes Care, Inc.**, Katy, TX, consultant, DSME, MNT program development, '09 to present
- **PESI Healthcare**, content developer/provider of CE seminars for healthcare professionals, '08 to present
 - *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*
 - *Changing Behavior in Diabetes Patients with Motivational Interviewing and Patient Empowerment*
- **Family Bridges Healthcare**, Oakland, CA, consultant, DSME, MNT program development, '08 to present
- **Comprehending Concepts, Inc.**, McKinney, TX, consultant, DSME train-the-trainer DVDs, '08 to present
- **Quality Nutrition, Inc.**, Trenton, IL, consultant, DSME, MNT program development, '08 to present
- **Nutritionally Yours, Inc.**, Brooklyn, NY, consultant, DSME, MNT program development, '08 to present
- **Albertsons/Osco/Savon Pharmacy, Inc.** speaker on diabetes self-management, and conduct grocery store tours on healthy eating, '05 to 2009
- **Aeon Health, Inc.**, (multi-physician healthcare private practice), Dallas, TX, consultant, DSME, MNT program development, '08 to present
- **Medgraph, Inc.**, (blood glucose meter company), consultant for development of new blood glucose meter and consumer education materials, '07 to '08
- **Hamilton Nutrition, LLC**, St. Louis, MO, consultant on DSME, MNT program development, '07 to present
- **Numerous RDs in U.S.** on establishing/enhancing their private practices, '04 to present
- **Healthy Interactions, Inc.** (developer of Diabetes Conversation Maps and others), consultant on reimbursement for healthcare professionals for using maps, '08
- **Carey Medical Center**, Caribou, ME, consultant, DSME, MNT program development, '08
- **Illinois Dept. of Health and Human Services**, content developer/provider of train-the-trainer diabetes prevention DVDs, '08
- **Elkhart General Hospital**, Indiana, consultant on DSME, MNT program development, '07, '08
 - Redesigning inpatient and outpatient DSME Program
 - Developing outpatient Medicare diabetes MNT Program
 - Developing DSME and MNT training curriculum for inpatient nursing and dietitian staff
 - Revising billing systems/operations to increase Medicare and private payer DSME/MNT reimbursement
- **Professional Education Services Group, Inc.**, content developer and provider of trainer-the-trainer seminars, including reimbursement, motivational interviewing and patient empowerment, '07, '08
- **Fayette County Memorial Hospital**, Ohio, consultant on DSME, MNT program development, '07
- **Barrington Orthopedic Group**, IL, consultant on DSME, MNT program development, '07
- **The Dunn Group, Inc.**, (marketing research company), consultant, '07
- **Walgreens, Inc.**, consultant for web site development, '07
- **American Association of Diabetes Educators**, author of select chapters of Reimbursement Manual '05-'08
- **CVPH Medical Center**, Plattsburgh, NY, consultant on DSME, MNT program development, '07
- **Phoenix Indian Medical Center**, Phoenix, AZ: consultant on DSME, MNT program development, '06
- **St. Agnes Medical Center**, Fresno, CA: consultant on DSME, MNT program development, '06

- Consulting on DSME and MNT insurance reimbursement for healthcare professionals:
 - Centennial Medical Center, Nashville, TN, '06
 - Mt. Sinai Hospital, New York, NY, '05
 - Wentworth-Dover Hospital, Dover, NH, '04
 - ARAMARK, Inc., '03
 - ServiceMaster, Inc., '02, '01
 - Gambro Renal Healthcare, Inc., '02
 - DaVita Renal Healthcare, Inc. '02
 - Ingalls Hospital, Harvey, IL. '02
 - University of Chicago Hospital and Clinics, '00
- National Kidney Foundation of Illinois, Train the Trainer Program, *Control Your Diabetes for Life* ©, '06, Consumer Education of Treatment and Prevention of Kidney Disease (live programs), '06 to present
- Mecklenburg County, NC; Train the Trainer Workshop for RDs in MNT Research Project on *American Dietetic Association's "MNT Evidence-Based Guides To Practice"* for diabetes and cardiovascular MNT and on *"Control Your Diabetes for Life* ©" (self-authored 10 hour DSME program), '03 – '04
- Train the Trainer Workshop: *Control Your Diabetes for Life* ©:
 - Westlake Hospital, Melrose Park, IL, '02
 - Deaconess Hospital, Oklahoma City, OK, '02
- Ingalls Hospital, Harvey, IL.: Train the Trainer Workshop: *American Dietetic Association's "MNT Evidence-Based Guides To Practice"* for diabetes and cardiovascular MNT, '02
- St. Xavier University, Chicago, IL., content developer and provider of *Low Fat Lifestyle Weight Loss Program* © (7 session group program for consumers), 1997, '98, '99

PROFESSIONAL SPEAKER:

Presentations and/or workshops to professionals and consumers:

Bold, italic font = presentation on Medicare and private payer reimbursement for MNT, DSME, diabetes supplies, glucometers, insulin pumps and continuous blood glucose monitoring.

- National Community Pharmacy Association and American Association of Diabetes Educators *"Diabetes Accreditation Standards-Practical Applications"* 3 day train-the-trainer program, Brooklyn, NY, June, '11
- New York State Dietetic Association Annual Meeting, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment*, May, '11
- Pesi Healthcare, Inc., 8 hr catered workshop, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, Tampa, FL, April, '11
- Johnson and Johnson Diabetes Institute, 2 day train-the-trainer program, pediatric clinicians, CA, April, '11
- Arkansas Dietetic Association Annual Meeting, *Evidence-Based Nutrition Practice Guidelines for Diabetes*, Little Rock, April, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, NY, '11
- South Suburban Chapter of Illinois Dietetic Association, *Evidence-Based Nutrition Practice Guidelines for Diabetes*, Calumet City, IL, April, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, TN and NC, March, '11
- National Community Pharmacy Association and American Association of Diabetes Educators *"Diabetes Accreditation Standards-Practical Applications"* 3 day train-the-trainer program, Dallas, TX, March, '11
- Rock River Chapter of AADE, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment*, Rockford, IL, March, '11
- Johnson and Johnson Diabetes Institute, 2 day train-the-trainer program, CA, March, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for*

- Diabetes, Hyperlipidemia, Hypertension*, TX, Feb., '11
- Diabetes*Insight* website, audio online interview on *Shared Medical Appointments*, Feb., 2011
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, IL, Jan., '11
 - Johnson and Johnson Diabetes Institute, 2 day train-the-trainer program, CA, Jan., '11
 - OptumHealth Education, Inc., seminar, Innovations in Wellness and Disease Management, *Financial Resources for Diabetes Patients*, FL, Jan., '11
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes and Patient Empowerment/Motivational Interviewing for Behavior Change*, MO, Jan., '11
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, TX-NM, Jan., '11
 - National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, San Diego, CA, Jan., '11
 - Johnson and Johnson Diabetes Institute's Pharmacists' Train-the-Trainer Diabetes Education Program (*Medicare Reimbursement for Diabetes Testing Supplies, MNT and DSME*), Des Moines, IA, 12-15-10
 - Health Maintenance Institute, Joint Commission on Accreditation of Hospitals, Inc., Employee On-Site HbA1c Screening, Oak Brook, IL, Nov., '10
 - National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, Pittsburgh, PA, Oct., '10
 - Pesi Healthcare, Inc., Annual "Diabetes Essentials Conference", 2 presentations: *Evidence-Based Nutrition Practice Guidelines for Diabetes and Patient Empowerment/Motivational Interviewing for Behavior Change*, Las Vegas, Oct., '10
 - **California Central Coast of AADE, Shared Medical Appointments: Improving Care and Maximizing Revenue, Sept., 2010**
 - *Healthy Nutrition for Kids and Importance of Sleep* at "Take Your Kids To Work Day" event for employees at GE Finance Distribution Co., Hoffman Estates, IL, (contracted by Balancing Life's Issues, Inc), Aug. 2010
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension MNT*, California, July, '10
 - American Diabetes Association's 70th Scientific Sessions, Orlando, FL, ***Billing Considerations for Shared Medical Appointments***, June '10
 - National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, Branson, MO, June, '10
 - Pesi Healthcare, Inc., 3 hr CEU webinar, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, May, '10
 - **Pesi Healthcare, 1.5 hr CEU webinar, Increasing Medicare MNT Reimbursement Success, May, '10**
 - Wisconsin Dietetic Association Annual Meeting, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment and Step-By-Step Guide To Making a Nutrition Diagnosis*, April, '10
 - Children's Hospital of Atlanta, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment and The Nutrition Care Process and Model: A Practical Guide to Improving Pediatric Quality Care and Patient Outcomes*, April, '10
 - **Rock River Chapter of American Association of Diabetes Educators, DSME and MNT Reimbursement, March, '10**
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension MNT*, NJ and PA, April, '10
 - Pesi Healthcare, Inc., 2 hr CEU webinar, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, Dec., '09
 - Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, TX, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension MNT*, Nov., '09

- Health Maintenance Institute, American College of Clinical Pathologists, Employee Health Seminar, Waukegan, IL, *Preventing Diabetes: Small Steps Leads to Big Rewards*, Nov., '09
- **California American Association of Diabetes Educators Annual Conference, Navigating DSME and MNT Reimbursement, Oct., '09**
- Health Maintenance Institute, Accenture, Inc., Employee On-Site Health Screening, Chicago, IL, Oct., '09
- Illinois Regional Annual Meeting of American Dietetic Association Dietetic Internships, Hines, IL, Oct, '09. *Patient Empowerment Tools and Motivational Interviewing for Changing Diabetes Behavior, How to Write a Business Plan for a Nutrition Private Practice or MNT Program and Medicare Reimbursement for MNT*
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, Washington State, *Patient Empowerment Tools and Motivational Interviewing for Changing Diabetes Behavior*, Sept., '09
- **Florida Dietetic Association annual meeting, July, '09, Naples, FL. Money Matters in MNT and DSMT: Increase Your Medicare Dollars Now!**
- California Dietetic Association annual meeting, April, '09, Riverside. *Why Provide Medicare MNT and DSME and Seek Insurance Payment?*
- Massachusetts Dietetic Association annual meeting, March, '09, Norwood. **Newest Updates to Medicare MNT and DSME Reimbursement** and *Successfully Marketing a RD Private Practice*.
- Tennessee Dietetic Association annual meeting, March, '09, Nashville. *Changing Chronic Care Patients' Behavior: Make Your Patient Your A.D.O.P.T.E.E.*
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, Harvey, IL, Feb., 2008. *How to Write a Business Plan for a Nutrition Private Practice or MNT Program and Medicare Reimbursement for MNT*
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, Pennsylvania, *Nutrition Care Process and the Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*, Nov., '08
- American Diabetes Association, Oregon Chapter Annual Meeting, *"Empowering Patients with Diabetes to Eat Healthy for L.I.F.E."* and **"Update on Medicare Reimbursement for Diabetes Self-Management Education and Medical Nutrition Therapy"**, Oct., '08
- Pesi Healthcare Inc., 3, 8 hr CEU workshops, 3 city tour, NJ, *Nutrition Care Process and the Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*, Oct., '08
- American Dietetic Association's annual Food & Nutrition Conference & Exhibition, Oct., '08, Chicago, IL *"Marketing 101 for RDs Providing Nutrition Services"*
- **American Dietetic Association's annual Food & Nutrition Conference & Exhibition, Oct., '08, Chicago**
- Rocky Mountain Nutrition Systems, Annual Conference, Sept. 11, '08, Denver, CO, *Implementing 2008 Diabetes Standards of Care in Nursing Home Facilities: Dual Training and Education Approach for Staff and Residents* (CDEs, RDs, RNs, social workers, case managers, etc.)
- **Michigan Organization of Diabetes Educators, Annual Conference, April 25, '08, Marquette, MI**
- Illinois Dept. of Health and Human Services and National Kidney Foundation of IL, satellite teleconference for health educators (CDEs, RDs, RNs, social workers, case managers, etc.) titled *"Risk and Prevention: Diabetes and Kidney Disease"*; taped Feb. 26, '08 in Springfield, IL and aired March 4, '08
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, Hines, IL, Jan., '08. *How to Write a Business Plan for a Nutrition Private Practice or MNT Program; Budget Preparation; Proposal Writing to Get the Gig and Medicare Reimbursement for MNT and DSMT*
- *Critical Connections to Advance Your Career and Your Profession: Performance, Advocacy, Competency and Expertise Sharing*, West Suburban Dietetic Association of IL, Jan., '08
- *Nutrition Diagnosis: 2nd Step in Nutrition Care Process*, South Suburban Dietetic Assoc. of IL, Jan., '08
- *Empowering and Motivating Your Patients Toward Positive Behavior Change!*, Nov, '08, NY Association of Diabetes Educators (invitation to speak by Professional Education Services Group, Inc.), Depew, NY
- **9 Newest Medicare Provisions Impacting Diabetes and Renal MNT and DSME Referrals, Utilization and Reimbursement**, Maine Association of Diabetes Educators, Oct., '07

- *Empowering and Motivating Your Patients Toward Positive Behavior Change!* Intermountain Health Care Nutrition Update for Dietitians, Salt Lake City, UT, Oct., '07
- ***9 Newest Medicare Provisions Impacting MNT and DSME Referrals, Utilization and Reimbursement***, Annual Meeting of American Association of Diabetes Educators, Aug. '07
- *Empowering and Motivating Your Patients Toward Positive Behavior Change!*, Sept., '07, Annual Pharmacists Conference of the Kroger Company (invitation to speak by Professional Education Services Group, Inc.), Milford, MI
- *Novel Ideas for Patient Education: Easy-to-Use ACRONYMS and Simple VISUALS To Make Learning Fun and Teaching Easy*, Annual Meeting of American Association of Diabetes Educators, '07, St. Louis, MO
- *Marketing Plan for Private Practice Dietitians*, Teleconference of Nutrition Entrepreneurs Dietetic Practice Group of the American Dietetic Association, '07
- *Finally! A Super Easy, Step-By-Step Guide for Making a Nutrition Diagnosis and Using the Nutrition Care Process*, Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.), '07, FL
- *T.A.P. into Personal and Professional Potential: A 15 Point Make-Over of Your Traits, Attitudes and Practices Leading to Extraordinary Success*, Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.), '07, FL
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, 2007, Illinois *Dietitian's Business Plan for Developing MNT Program, Simplifying and Summarizing MNT Evidence Based Guides for Practice and New Medicare Venues Increasing Utilization of MNT*
- Diabetes Prevention Community Events, Palos Health & Fitness Center, Palos Park, IL, '06
- *Kids Living Well on Dialysis--Parent Seminar*, National Kidney Foundation of IL, '06
- ***Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.)***, '06
- ***Annual Meeting of California Dietetic Association***, plus: Simplifying and Summarizing ADA's Evidence-Based Guides for Practice + New Medicare Venues Impacting MNT, '06
- Diabetes Education Events, Lifescan Company (Johnson & Johnson, Inc.), '05 – '06
- *Heart Healthy Eating*, Community Program, Palos Community Hospital, Palos Hts, IL, '06
- *Diabetes 2005 Update Physician Program*, Palos Community Hospital, Palos Hts, IL, '05
- *Living Well with Diabetes*, Community Program, Palos Community Hospital, Palos Hts, IL, '05
- *Kids and Osteodystrophy*, Patient Seminar, National Kidney Foundation of IL, '05
- *Managing Kidney Disease*, National Kidney Foundation of IL (speaker for video shown regularly to consumers in NKF's new 'Kidney Mobile' that travels across U.S.), '05
- ***Webinar, American Society of Healthcare Food Service Administrators***, '05
- ***Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships***, '05, Illinois MNT/DSME Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program
- ***Reimbursement for Diabetes Education & Supplies, Roche Diagnostics***, '04 – '05, IL
- Annual Food and Nutrition Conference and Exhibition, American Dietetic Association, '04: *Using the Nutrition Care Process and Developing a MNT Outcomes Management System: It's Easier & More Essential than You Think!*
- Annual Renal Professional Conference, National Kidney Foundation of IL, '04: *Patient Empowerment and How to Enhance Effectiveness and Efficiency of Chronic Care Teams*
- *Living Well on Dialysis--Patient Seminar*, National Kidney Foundation of IL, '04
- ***Annual Meeting of American Society of Healthcare Food Service Administrators***, '04
- *Primary Biliary Cirrhosis--Patient Program*, American Liver Foundation, 2004, IL
- ***Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.)***, '04
- ***Annual Meeting of Arkansas Dietetic Association***, '04
- *Living Well with Kidney Disease--Transplant Patient Seminar*, National Kidney Foundation of IL, '04
- *Living Well on Dialysis--Patient Seminar*, National Kidney Foundation of IL, '04
- ***Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships***, '04

MNT/DSME Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program

- Regional Rally, TOPS of IL (Take Off Pounds Sensibly ®), '04
- *Professional Educational Event sponsored by Novo-Nordisk Pharmaceuticals, Inc., '04*
- *Annual Meeting of Florida Dietetic Association, '03*
- *Professional Educational Event sponsored by Roche Diagnostics, Inc., '03*
- Seminar for Community People with Diabetes, National Kidney Foundation of IL, '03
- *Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, '03, MNT/DSME Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program*
- *Northeastern Chapter Regional Meeting of American Assoc of Diabetes Educators, '03*
- *Regional Meeting of American Diabetes Association, '03*
- TOPS (Take Off Pounds Sensibly ®) Regional Rally, IL, '02
- *Annual Meeting of Alabama Dietetic Association, '02*
- Save Our Seniors MNT Outcome Study, Dept. of Social Services, Senior Nutrition Program, NC, '02
- *Annual Meeting of American Association of Diabetes Educators, '02*
- *Annual Meeting of American Society of Healthcare Food Service Administrators, '02*
- *Annual Meeting of Kansas Dietetic Association, '02*
- *Annual Meeting of South Dakota Dietetic Association, '02*
- *Annual Meeting of Georgia Dietetic Association, '02*
- *Annual Meeting of Indiana Dietetic Association, '02*
- *Annual Meeting of Nebraska Dietetic Association, '02*
- *Annual Meeting of Alabama Dietetic Association, '02*
- *Annual Meeting of Illinois Regional American Dietetic Assoc Dietetic Internships, '02*
- *Annual Meeting of Greater Cincinnati Dietetic Association, Cincinnati, OH, '02*
- *Annual Meeting of American Dietetic Assoc Food & Nutrition Conference & Exhibition, '01*
- *Annual Meeting of Kentucky Dietetic Association, '01*
- *Regional Dietitians' Nutrition Forums (x3), ServiceMaster, Inc., AZ, FL, IL, '01*
- *Annual Meeting of New Mexico Dietetic Association, '01*
- *Annual Meeting of Michigan Dietetic Association, '01*
- *Annual Meeting of Kansas Dietetic Association, '01*
- *Annual Meeting of American Society of Healthcare Food Service Administrators, '01*
- *Audio Internet Educational Conference on Outpatient MNT Reimbursement, American Society of Healthcare Food Service Administrators, '01*
- *Annual Nutrition Forum, University of Medicine and Dentistry of New Jersey, '01*
- *Annual Reimbursement Workshop of American Dietetic Association, '01*
- *Annual Meeting of University Health Systems Consortium, Nutrition Practice Group, '00*
- *Annual Meeting of Illinois Dietetic Association, '99, '00, '01*
- *Government Affairs Workshops, Illinois Dietetic Association, '98, '99, '00*
- *Continuing Education Meeting, Illinois South Suburban Dietetic Association, '99*
- Healthy Nutrition, Medicare + Choice Enrollees, Advocate Health Care, Chicago, IL
- Healthy Nutrition, American Society on Aging, Local Illinois Chapter
- Senior Talks on Nutrition, Senior Health Care Centers, Bridgeview, IL, '99 – '00
- Senior Meetings, Healthy Nutrition, Local Recreation Departments

- AUTHOR:**
- 1) Shared Medical Appointments Offer Financial Benefits, Family Practice News, Nov. 1, 2010
 - 2) Decision Support for Dietary Supplements and the ABCs of Diabetes, AADE in Practice issue, '09
 - 3) Comparison of Empowerment Model to Compliance Model for Patient Behavior Change, AADE in Practice issue, '08
 - 4) Using the Chronic Care Model to Enhance the Quality of DSME Teams and Improve Patient Outcomes, AADE in Practice issue, '07

- 5) Patient education slick titled *Meal Replacements for People with Diabetes*, Novartis Nutrition
- 6) Administration on Aging in U.S. Department of Health and Human Services, '06: *How To Manual for Providing Medicare MNT and Therapeutic Diet Meals to Homebound Seniors in Federally-Sponsored Elderly Nutrition Programs*, '05 – '06
- 7) Topics in Clinical Nutrition Journal: *Medical Nutrition Therapy Reimbursement Update*: '06
- 8) Select modules for AADE's online *Reimbursement Guide for Diabetes Educators*, '06, '07
- 9) Today's Dietitian (trade magazine): several articles in '05 – '07:
 - o *Medical Nutrition Therapy for Gestational Diabetes Mellitus*
 - o *The Recommended Nutrition and Lifestyle Interventions to Normalize Blood Lipids in Persons with Diabetes*
 - o *Meal Replacement Products for People with Diabetes*
 - o *Medicare MNT Reimbursement Update*
 - o *Women and Diabetes*
 - o *Alzheimer's Alert: Is There a Diabetes-Brain Connection?*
- 10) American Dietetic Association, Illinois Dietetic Association and ADA Dietetic Practice Groups: several articles for their newsletters and websites, '04 – '08
- 11) *A Quick Guide to Medicare MNT and DSME*: published by the AADE, '04

**EDITORIAL
and
ADVISORY
BOARDS:**

- 1) University of Illinois' External Advisory Board for:
 - Dept. of Food Science and Human Nutrition, '06 – '09
 - Dept. of Dietetics in the College of Agriculture, Consumer and Environmental Sciences, '06 – '09
- 2) Editorial Board of AADE in Practice, newsletter publication for AADE members, '07, '08
- 3) Illinois Dietetic Association board of directors
- 4) Johnson and Johnson Pharmaceutical Services, Inc., advisory committee for PRO-T2-DM (new diabetes medication), '09 to present

**WRITER,
SELF-
PUBLISHER:**

- 1) *"Navigating the Maze in Community-Based Pharmacy Programs: Overcoming the Obstacles to Reimbursement for DSME"*, booklet published by the American Association of Diabetes Educators
- 2) *Money Matters in Medical Nutrition Therapy and Diabetes Self-Management Education: Increasing Reimbursement Success in All Practice Settings, The Complete Guide* © 1st, 2nd, 3rd ed. (original '99)
- 3) *EZ Forms for the Busy RD* © (CD-r)
- 4) *Establishing a Successful Outpatient MNT Clinic in Any Practice Setting, The Complete Guide* © 1st, 2nd editions (original copyright, 1999)
- 5) *Control Your Diabetes for Life* ©, 10 hr comprehensive diabetes self-management education (DSME) program for people with diabetes, and two day (10 hr) DSMT train-the-trainer workshop on same
- 6) Low Fat Lifestyle Weight Loss Program © (7 sessions)
- 7) Short-Term, Cost-Savings MNT Outcomes Collection Project, by Illinois Dietetic Association's Reimbursement Committee
- 8) Designer of the "Complete Private Practice Tool Kit" for the 'Nutrition Entrepreneurs' Dietetic Practice Group of the American Dietetic Association
- 9) Your Step-By-Step Guide for Establishing a Hospital-Based Outpatient MNT Clinic
- 10) Heart Healthy Eating and Lifestyle Plan
- 11) Just for Women: 5 Star Healthy Eating Plan
- 12) Nutrition and Aging: Take Care of Yourself, The Best is Yet to Come
- 13) Healthy Nutrition for the Alzheimer's Patient—A Caregiver's Guide

PROFESSIONAL MEMBERSHIPS, POSITIONS and HONORS:

- American Dietetic Association (ADA)
- Appointed by President of ADA to:
 - o *Legislative and Public Policy Committee*, 3 year term ('07 - '09)

- *Medical Nutrition Therapy Coding and Coverage Committee*, 3 year term ('07 - '09)
- Appointed into "Cambridge Who's Who Among Executives and Professionals", '07
- Illinois Dietetic Association (IDA) and Reimbursement Chair, '02 – present
- Clinical Nutrition Managers (CNM), Dietetic Practice Group, ADA and Reimbursement Coordinator, '06 – '07
- Nutrition Entrepreneurs (NE), Dietetic Practice Group, ADA and Reimbursement Chair, '01 – '07
- Diabetes Care and Education (DCE), Dietetic Practice Group, American Dietetic Association
- Dietitians in Business and Communications, Dietetic Practice Group, American Dietetic Association
- American Association of Diabetes Educators
- American Diabetes Association
- Wellness Council of America

TASK FORCE MEMBERSHIPS:

- Development of universal referral form for MNT/DSME (members of American Dietetic Association, American Diabetes Association and American Association of Diabetes Educators), '04 – '05
- Save Our Seniors MNT Diabetes and Hypercholesterolemia Research Study (Dept. of Social Services, Senior Nutrition Program, Charlotte, NC), '04
- Medicare MNT Instructional Document Project (members of American Dietetic Association, American Diabetes Association and American Association of Diabetes Educators), '01
- Medicare MNT Task Force of American Dietetic Association, '99 – '01

PREVIOUS SALARIED EMPLOYMENT (Non-Consultant):

Certified Diabetes Educator and Nutrition Therapist: November, 2005 – March, 2008 (0.5 FTE)

Outpatient Diabetes Education Program and Nutrition Clinic, Palos Community Hospital, Palos Heights, IL

- Educated patients in American Diabetes Association recognized Diabetes Self-Management Education Program.
- Furnished Medical Nutrition Therapy in various disease states and for wellness to patients referred by physicians (am a Medicare provider for MNT).
- Educated patients in multi-session weight management program and cholesterol lowering counseling program.
- Developed and gave presentations to staff physicians and community (consumers) on wellness, diabetes, nutrition and MNT for various disease states.

Certified Diabetes Educator: January, 2003 – November, 2005 (0.5 FTE)

Diabetes Center, Little Company of Mary Hospital and Health Care Centers, Evergreen Park, IL

- In 2002, appointed to President-chartered Committee to design new **Diabetes Center**, impetus for which was the successful ten hour Diabetes Self-Management Education Program I developed and taught for three years prior. Diabetes Center opened January, 2003. In first year, my achievements were:
 - Obtained American Diabetes Association Education Program Recognition of DSME program (Medicare reimbursement requirement)
 - Developed group and individual Medicare MNT program, protocols of which are compliant to American Dietetic Association's *"MNT Evidence-Based Guides for Practice for Diabetes"* (Medicare reimbursement requirement)
 - Collaborated with IT Dept. to develop customized software for data collection and analysis
 - Wrote policies and procedures
 - Created all clinical, educational and billing forms
 - Developed marketing materials with Public Relations and Marketing Dept.
 - Developed charge description master with Finance Dept., billing procedures and reimbursement report

Positions at Little Company of Mary Hospital and Health Care Centers, Evergreen Park, IL

Manager and Nutrition Therapist, Outpatient Medical Nutrition Therapy Clinic, April, 1987 – December, 2002 (0.5 FTE)

- As a 0.5 FTE, designed new **MNT Clinic** in Food and Nutrition Services Dept.; developed and taught:

- Diabetes Self-Management Education Program (ten hours, individual and group).
- Diabetes, renal and cardiovascular MNT programs (multiple sessions, individual and group).
- Weight Management - Behavior Modification Program (seven sessions, individual and group).
- Collaborated with IT Dept. to develop customized software for data collection and analysis.
- Worked with Finance Department to establish systems for successful insurance reimbursement:
 - Average annual insurance revenue: \$30,000 (0.5 FTE). Over 90% of MNT third party claims paid by end of second year of operations (60-75% reimbursement rate on individual claims).
- Worked with Marketing Dept. on creation of MNT Clinic's marketing plan.
- Collaborated with medical staff (referral source) on clinical and medical issues for MNT Clinic.
- Furnished Medical Nutrition Therapy in various disease states and for wellness to patients referred by physicians.
- Educated patients in multi-session weight management program and cholesterol lowering counseling program.
- Gave presentations to staff physicians and community (consumers) on diabetes and MNT for various disease states.

Assistant Food and Nutrition Services Director, 1984-1987 (Full-Time)

- Responsible for 5 kitchen supervisors and 2 department secretaries
- Responsible for inpatient food service operations, which included employee supervision, scheduling, tray line, budgeting, sanitation, employee in-service education and management information systems.

Chief Clinical Dietitian, 1977-1984 (Full-Time)

- Supervised approximately 10 registered dietitians and 22 dietitian assistants each year
- Responsible for comprehensive nutrition therapy and nutrition counseling of 400 inpatients, according to protocols by the American Dietetic Association and Joint Commission of Accreditation of Hospitals
- Converted all manual diet office operations to customized electronic system in conjunction with IT Dept.
- Responsible for inpatient menu development; converted paper menu system to electronic
- Designed and completed Cost-Benefit Study of Step I American Heart Association Diet Provided by Registered Dietitians at Little Company of Mary Hospital and Health Care Centers
 - Required excellent skill in: personnel supervision; written and oral communication with employees, medical staff and hospital administration; policy and procedure development; management information technology; intra-department work/systems flow between food service and clinical nutrition staff

American Dietetic Association Dietetic Traineeship Director and Education Dietitian, 1976-1980 (Full-Time)

- Responsible for trainee application and selection process; program curriculum, testing and quarterly trainee evaluations; budget; trainee rotation in divisions of Food and Nutrition Services Dept.; and American Dietetic Association program certification compliance. Two trainees/each 12 month program; 4 programs completed.

PRIOR TO LITTLE COMPANY OF MARY HOSPITAL:

Inpatient Clinical Dietitian, Gottlieb Hospital, Melrose Park, IL ARA Food Service Company, 1974-1976 (Full-Time)

CURRICULUM VITAE ATTACHMENT: PROFESSIONAL REFERENCES

David L. Horwitz, M.D., Ph.D., FACP	Johnson & Johnson Diabetes Institute Chief Medical Officer 1000 Gibraltar Drive, Milpitas, CA 95035-6312 Work: 408-956-4885 Fax: 408-942-3704 DHorwitz@its.jnj.com	
William Popomaronis, R.Ph.	National Community Pharmacists Association Vice President, Long Term and Home Health Care Pharmacy Services 100 Daingerfield Road, Alexandria, VA 22314 Work: 703-683-8200 voice 800-544-7447 Fax: 703-683-3619 william.popomaronis@ncpanet.org	
Jane White, PhD, RD, LDN, FADA	University of Tennessee Graduate School of Medicine	

	Department of Family Medicine 1924 Alcoa Highway, Knoxville, TN 37930 Work: 865-305-9350 jwhite13@utk.edu	
Mary M. Austin, MA, RD, CDE	Past President, AADE Owner, President, The Austin Group, LLC Strategies For Better Diabetes Care 54293 Salem Drive, Shelby Township, MI 48316 Work: 248-601-1503 Fax: 248-601-1504 Cell: 248-342-5073	
Debbie Zwiefelhofer, RD, LD	Debbie Zwiefelhofer, RD, LD Marketing - Nestlé HealthCare Nutrition 10801 Red Circle Drive, Minnetonka, MN 55343 Work: 952.848.6197 Fax: 952.848.6189 debbie.zwiefelhofer@us.nestle.com	
Kathleen A. Fitzgerald Conerty, RPh CDE CDM	Pharmacy Manager, Osco Drug, Palos Heights, IL. Albertson's Regional Drug Stores Eating Healthy with Diabetes Coordinator Work: 708 448 3250	
Nancy LePain, MSN, APN	Manager, Kidney Mobile National Kidney Foundation of Illinois, Inc 215 W. Illinois, Suite 1C, Chicago, IL 60610 Work: 312-321-1500 nlepain@nkfi.org	
Anne Daly, MS, RD, BC-ADM, CDE	Springfield Diabetes and Endocrine Center 2528 Farragut Drive, Springfield, IL 62704 Work: 217-787-6799 adaly1@sbcglobal.net	
Mary K. Vaughn, RD, MA, LDN	Coordinator of Dietetic Education and Dietetic Internship Ingalls Memorial Hospital, One Ingalls Drive, Harvey, IL 60426 Work: 708-915-5723 MVAUGHN@ingalls.org	
Elizabeth Thompson, MPH, RD	Associate Director, Clinical Healthyroads (fully owned subsidiary of American Society of Health Networks) 777 Front Street, San Diego, CA 92101 Work: 619-578-2000, x3106 ElizabethT@ashn.com	
Michele Chynoweth, RD, CDE	Nutrition and Diabetes Consultant Work: 661-872-1295 mntbyrd@sbcglobal.net	
Linda Roberts, MS, RD	President Linda Roberts & Associates, Inc 104 E Roosevelt Rd, Suite 201, Wheaton, IL 60187 630.752.8823 www.lindarobertsconsulting.com	
Dennis Riley	President and CEO Little Company of Mary Hospital and Health Care Centers 2800 W. 95 th Street, Evergreen Park, IL 60805 Work: 708-422-6200, ext. 5163	
John Schroll	Director of Food & Nutrition and Hospitality Services Little Company of Mary Hospital and Health Care Centers 2800 W. 95 th Street, Evergreen Park, IL 60805 Work: 708-422-6200, ext. 5168 jschroll@lcmh.org	
Peggy B. Bourgeois, APRN, MN, CNS, CDE	PBB Associates, LLC Consultant Clinical Diabetes, Education, Research & Reimbursement Cell: 225-978-8938 peggyboo1@cox.net http://pbbdiabetes.com/	
Linda Arpino, MA, RD, CDN	President, Life Focus Nutrition Centers Motivational Speaker/ Author/Nutrition Expert	

	558 Westchester Avenue, Rye Brook, NY 10573 Work: (914)WEL-0123 Cell: (914)552-7363 www.lifefocusnutrition.com	
Amber McCulloch	Manager of Communications American Association of Diabetes Educators 200 W Madison, Suite 800*, Chicago, IL 60606 www.diabeteseducator.org Work: 312.601.4866 Fax: 312.424.2427 800.338.3633 ext. 4866 amcculloch@aadenet.org	
Cindy Cassell, PhD, RD, LD	Owner/President, Nutrition Access Sports Nutritionist, Worksite Wellness Consultant, Speaker 2652 S.R. 132, New Richmond, OH 45157 Work: 513.310.7963 Fax: 513.553.0293 sportnutri@aol.com www.nutritionaccess.org	
Paula Ackerman, MS, RD, CDE	Diabetes Educator, UP Diabetes Outreach Network 220 W Washington, Ste 420, Marquette, MI 49855 Work: 906.228.9203 Fax: 906.228.4421 www.diabetesinmichigan.org	
Melissa Barcewski, RD	Region Manager, North Central, Nestle Nutrition, Inc. Work: 800-285-2889, ext. 4318 Cell: 720-314-4987 Melissa.Barcewski@us.nestle.com	